

THE AUTHOR SUCCESS METHOD



Module 1 // J. Thorn at TheAuthorCopilot.com

Red Pill or Blue Pill

List three things you will either stop telling yourself, or start telling yourself:

1. _____
2. _____
3. _____

Purge

List three things you will purge (one for each):

Time _____
Energy _____
Clutter _____

Honor Thyself

Name your project _____
Set your deadline _____

Do the Work

Set your daily word count or daily target for your project _____

Write the following statement on the lines below and initial it.

"I have taken the red pill. I will honor myself and see my chosen project through to completion. Only writing is writing, and I refuse to be defeated by Resistance."

Planting Seeds

Which one or two social media platforms do you enjoy using?

If you were going to start emailing your best friend once or twice a month, what would it be about (let's assume it's not customary small talk or gossip).

Besides the act of writing, what other things are you good at? What do you enjoy doing for fun?

What is your favorite type of book or genre to read?

What is your mission?
